

SAFRINO™

Life in balance



coralclub

Stress effects the Mind and Body

What is Stress?

Response to an external cause

(taking a test or arguing with a friend)

Positive stress *(meeting a deadline)*

Negative stress *(losing sleep)*



Effects the Mind and Body:

- Tension
- Uneasiness
- Excessive worry
- Loss of sleep



Stress



www.mentalhealth.org.uk

<https://www.webmd.com/balance/guide/causes-of-stress>

Stress is a widespread issue in the US

Reported Stress	Women	Men
A general feeling of stress	28%	20%
Physical and emotional stress	41%	30%
Work-related stress	65%	76%
Perceptions about how important it is to manage stress	57%	34%

BASE: All respondents (n=1134); Male (n=530); Female (n=604)

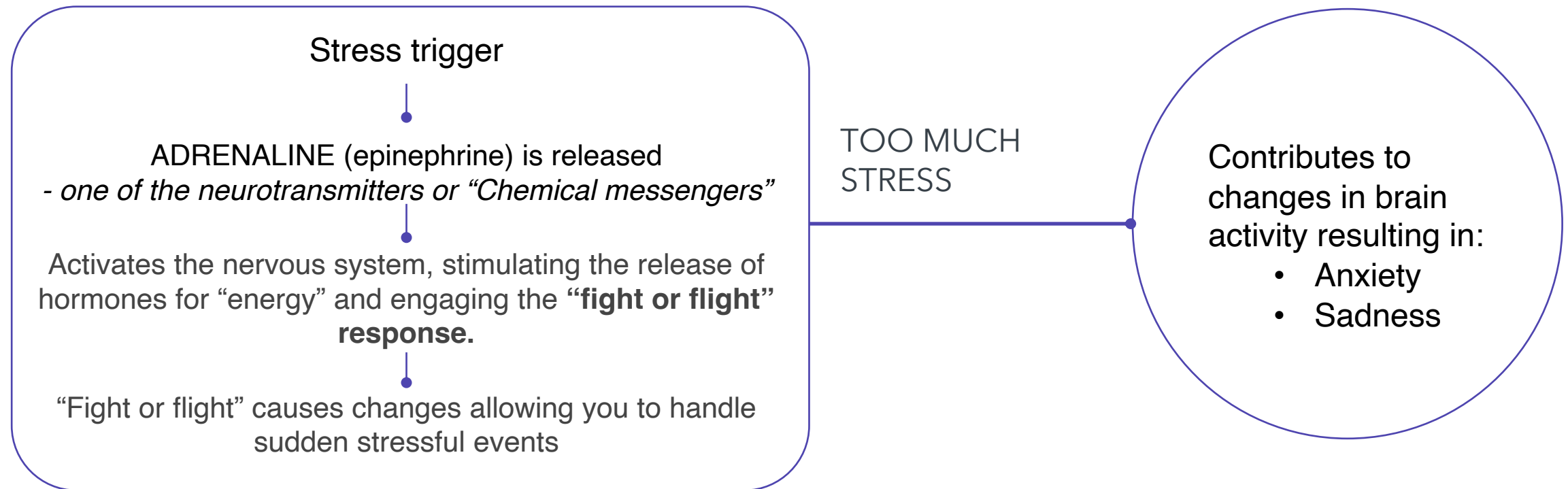
Q810 Which of the following, if any, have you experienced in the last month as a result of stress?



[WWW.STRESSINAMERICA.ORG](https://www.apa.org/news/press/releases/stress/2010/gender-stress.pdf) AMERICAN PSYCHOLOGICAL ASSOCIATION.
<https://www.apa.org/news/press/releases/stress/2010/gender-stress.pdf>

Stress activates the “fight or flight” response

Repeated over time it may result in negative bodily changes



Saffron

01 In use for about 3,000 years

- Ayurvedic & Persian healing practices
- Traditional Chinese Medicine
- Iranian folk Medicine

02 The most expensive spice in the world

- it takes 150,000 – 220,000 flowers to make 1 kilogram of saffron spice
- each saffron flower is hand picked
- only 3 stigmas are in 1 flower



1. [Pharmacogn Rev. 2013 Jan-Jun; 7\(13\): 61–66. doi: 10.4103/0973-7847.112850](#) 2. <https://www.selinawamucii.com/insights/prices/united-states-of-america/saffron/> 3. Natural Medicines comprehensive database.. Product #844.4. www.businessinsider.com



Saffron: 3 major bioactive compounds

01

Safranal
(a volatile oil, **aroma**)

Antioxidant

02

Crocin
(responsible for **color**)

Improves memory/learning, protects the brain
Carotenoids + Antioxidant

Zeaxanthin; Lycopene; α - and β -carotenes.

03

Picrocrocin
(bitter **taste**)

Antioxidant



These Bioactive Compounds play a role in helping the
Immune system, central nervous system, and other bodily systems.

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.*



J Pharm Bioallied Sci. 2018 Oct-Dec;10(4):173-180. doi: 10.4103/JPBS.JPBS_83_18; Avicenna J Phytomed. 2015 Sep-Oct;5(5):376-91. PMID: 264684571; Front. Nutr., 01 February 2021 | <https://doi.org/10.3389/fnut.2020.606124>; Straubinger, P. W. h. M. (2000). "Saffron-Renewed interest in an ancient spice, Food Reviews International." Technische Universität Braunschweig, Braunschweig, Germany 16:1: 39-59

Safr'inside™

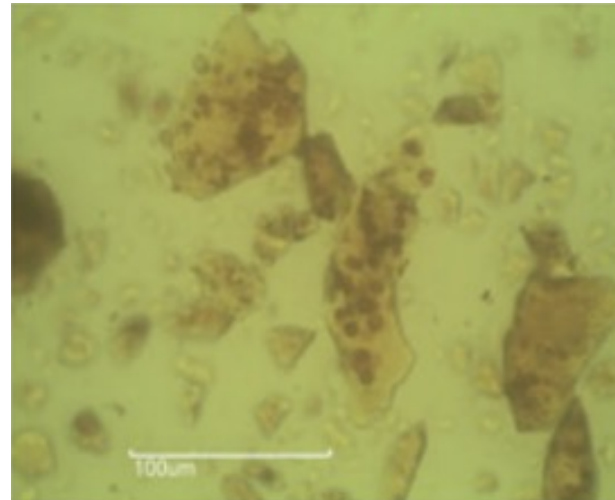
contains 10 times more safranal than in non-encapsulated saffron extracts

THE ONLY ENCAPSULATED SAFFRON

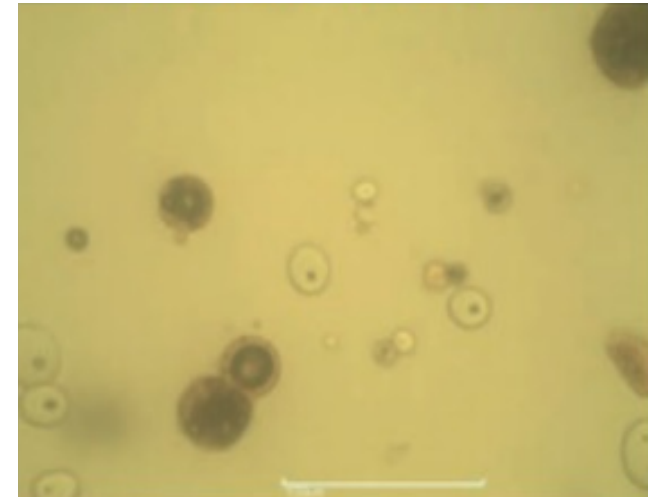
Safr'inside™ is obtained from a unique patented extraction process that confers:

- A natural encapsulation of saffron metabolites.
- The highest levels of safranal, crocins, picrocrocin & safronotivines.

Safr'Inside™
With Tech'care extraction™



Other Saffron extract
Without Tech'care extraction™



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<https://activinside.com/safrinside/>

Safr'inside –

Internationally known with acclaimed ingredient Tech care extraction system—most potent—award winning “Oscar” of supplement world



Certificates



Safr'inside™ Proven by research

- **Study #1*:**

Within 2 months of taking 30 mg daily of a standardized saffron extract, study participants showed significant improvements in mood and social relationships.

- **Study #2**:**

After 2 weeks of taking 30 mg of Safr'Inside™ extract, more than 77% of participants felt happier and more optimistic, about 70% of participants noted an improvement in their emotional state, and more than 2/3 of participants felt more relaxed and calm.

<https://pubmed.ncbi.nlm.nih.gov/33598475/>



http://safrinside.com/wp-content/uploads/2019/06/BR-01-A3_Brochure_SafrInside_V05.pdf

Please welcome: Safrino™ - a complete anti-stress formula



Myo-Inositol:

- Gently supports the work of the nervous system
- The most bioavailable form of inositol
- A type of sugar made by the body
- Important for optimal brain and nerve function
- Primary component of cellular membranes
- Plays an important role in healthy cell and function

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Safrino



Safrino helps with stress management in daily life



Safrino formulation helps promote a feeling of calm and serenity




Safrino improves sleep quality



SAFRINO™

Contains:

- Safr'Inside™:
 - the patented saffron extract, which is clinically proven to be effective in helping the body cope with stress.
 - the only encapsulated saffron extract with the maximum concentration of pure safranal
 - Myo-Inositol
 - enhances the anti-stress effect of the product.
-  This product does not contain gluten, soy, or lactose, and is sugar-free.

Helps to:

- promote emotional balance
- cope with both periodic and chronic stress
- improve mood.
- improve the quality of sleep
- alleviate symptoms of PMS
- support women's sexual health and functioning of the gastrointestinal tract

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Each capsule of Safrino contains:

Myo-Inositol	350 mg
Saffron stigma extract (Crocus sativus L.) Safr'Inside™	30 mg
Zinc (as zinc oxide from capsule shell).....	2.3 mg

PACKAGE OF 30 CAPSULES (30 days)

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